



Sacred Heart

Personal, Social and Health Education



Curriculum Map

	Autumn		Spring		Summer	
EYFS	Zones of Regulations		Thrive		RSE	
Come & See Topics	Domestic church Family – Myself: Why am I Precious? God knows and loves each one of us Advent/ Christmas loving Birthday: Why do we celebrate Birthdays? Looking forward to Jesus' birthday Advent/ Christmas loving Birthday: Why do we celebrate Birthdays? Looking forward to Jesus' birthday		Local church Community Celebrating: What and why do people celebrate? People celebrate in Church Eucharist Relating Gathering: Why do people gather together? The parish family gathers to celebrate the Eucharist Lent/Easter Giving Growing: How and why do things grow? Looking forward to Easter		Pentecost Serving Good News: What is the Good News? Passing on the Good news of Jesus Reconciliation Inter-relating Friends: Is it good to have friends? Friends of Jesus Universal Church World Our world: What makes our world so wonderful? God's wonderful world	
RSE-	RSE- Handmade with love	RSE- <ul style="list-style-type: none"> • I am me • Heads, Shoulder, knees and toes • Ready Teddy? 	RSE- <ul style="list-style-type: none"> • I like, you like, we all like! • Good feelings, bad feeling. • Let's get real • Growing up • Role model 	RSE- <ul style="list-style-type: none"> • Who's who? • You've got a friend in me. • Forever friends • Safe inside and out • My body my rules • Feeling poorly • People who help us. 	RSE- <ul style="list-style-type: none"> • God is love • Loving God, loving others 	RSE- <ul style="list-style-type: none"> • Me, you, us.
ZoR	Create wall poster of the zones (Lesson 1) Introduction to zone Linking feeling/emotions/reactions to Zones Introduction to toolbox and strategies					

	Autumn	Spring	Summer
Year 1			
Come & See Topics	<p>Domestic church Family Families: Why do we have a family? Who is my family? God's love and care for every family</p> <p>Baptism/ confirmation belonging Belonging: What does it mean to belong? Baptism an invitation to belong to God's family</p> <p>Advent/ Christmas loving Waiting: Is waiting always difficult? Advent a time to look forward to Christmas</p>	<p>Local church Community Special People: What makes a person special? People in the parish family</p> <p>Eucharist Relating Meals: What makes some meals special? Mass; Jesus' special meal</p> <p>Lent/Easter Giving Change: How and why do things change? Pupils will know and understand that we change and grow.</p>	<p>Pentecost Serving Holidays & holydays: Do we need holidays and Holydays? Pentecost: feast of the Holy Spirit</p> <p>Reconciliation Inter-relating Being sorry: Why should we be sorry? God helps us to choose Well - Sacrament of Reconciliation</p> <p>Universal Church World Neighbours: Who is my neighbour? Neighbours share God's world</p>
Links to Science Curr	Identify, name, draw and label the basic parts of the human body and say what part of the body is associated with each sense. Pupils should have opportunities to learn the names of the main body parts (including head, neck, arms, elbows, legs, knees, face, ears, eyes, hair, mouth, teeth) through games, actions, songs and rhymes		
	Autumn	Spring	Summer
Year 2			
Come & See Topics	<p>Domestic church Family Beginnings: Who made the world and everything in it? Pupils will know and understand the many beginnings each day offers and that God is present in every beginning</p> <p>Baptism/ confirmation belonging</p> <p>Signs and Symbols: Are signs and symbols important? Know and understand the signs and symbols of Baptism</p> <p>Advent/ Christmas loving Preparations : Do we need to prepare? Advent preparing to welcome Jesus</p>	<p>Local church Community Books: Why do we need books? Pupils will know and understand about the different books used at home and in school and the books used in Church on Sunday.</p> <p>Eucharist relating Thanksgiving: Why should we be grateful to people? - Mass a special time for saying thank you to God for everything, especially Jesus</p> <p>Lent/Easter Giving Opportunities: How does each day offer opportunities to do good? Lent : an opportunity to start anew in order to celebrate Jesus' new life</p>	<p>Pentecost Serving Spread the word: Why should we spread the Good News? Pentecost - a time to spread the Good News of Jesus</p> <p>Reconciliation Inter-relating Rules : Do we need rules? Reasons for rules in the Christian family. Sacrament of reconciliation</p> <p>Universal Church World Treasures Is God's world a treasure? How we should treasure God's wonderful world.</p>
Links to Science Curr	Notice that animals including humans have offspring which grow into adults. Find out and describe the basic needs of animals including humans for survival (water, food, air) Describe the importance for humans to exercise, eating the right amounts of different foods and hygiene. Focus on growth , pupils should not be expected to understand how reproduction occurs		

Year 1/2	RSE- Handmade with love	RSE- <ul style="list-style-type: none"> • Let the children come • I am unique • Girls and boys • Clean & Healthy 	RSE- <ul style="list-style-type: none"> • Feelings, likes & dislikes • Feeling inside out • Super Suzie gets angry • The cycle of life 	RSE- <ul style="list-style-type: none"> • God loves you • Special people • Treat others well..... •and say sorry 	RSE- <ul style="list-style-type: none"> • Being safe • Good secrets and bad secrets • Physical contact <ul style="list-style-type: none"> • Harmful substances • Can you help me? 	RSE- <ul style="list-style-type: none"> • Three in one <ul style="list-style-type: none"> • Who is my Neighbour? • The communities we live in.
ZoR	Create wall poster of the zones (Lesson 1) Chapter 3: Go! Chapter 4: And they're off Chapter 5: Approaching the finish line					

Year 3	Autumn	Spring	Summer
Come & See Topics	<p>Domestic church Family Homes - What makes a house a home? God's dream for every family</p> <p>Baptism/ confirmation belonging Promises: Why make promises? Promises made at Baptism</p> <p>Advent/ Christmas loving Visitors : Are visitors always welcome? Advent a time where we are waiting for the coming of Jesus</p>	<p>Local church Community Journeys : Is life a journey? Exploring a Christian family's journey with Jesus.</p> <p>Eucharist relating Listening & Sharing What's so important about listening and sharing? Jesus gives himself to us in a special way.</p> <p>Lent/Easter Giving Giving all: What makes some people give everything for others? A time to remember Jesus' total giving.</p>	<p>Pentecost Serving Energy : What's the use of energy? Gifts of the Holy Spirit</p> <p>Reconciliation Inter-relating Choices: What helps me to choose well? The importance of examination of conscience – Sacrament of Reconciliation</p> <p>Universal Church World Special Places: What makes a place special? Holy places for Jesus and the Christian</p>
Links to Science Curr	Identify that animals, including humans, need the right types and amounts of nutrition and that they cannot make their own food; they get nutrition from what they eat. Identify that humans and some other animals have skeletons and muscles for support, protection and movement. Pupils should learn the importance of nutrition and should be introduced to the main body parts associated with skeleton and muscles finding out how different parts of the body have special functions. They might research different food groups and how they keep us healthy and design meals based on what they find out		
Year 4	Autumn	Spring	Summer
Come & See Topics	<p>Domestic church Family People: Where do I come from? The family of God in Scripture</p> <p>Baptism/ confirmation belonging Called: What does it mean to be called and chosen?</p> <p>Confirmation: A call to witness</p> <p>Advent/ Christmas loving Gift: What's so special about gifts? God's gift of love and friendship in Jesus.</p>	<p>Local church Community Community: What makes 'community'? Life in the local Christian community: ministries in the parish.</p> <p>Eucharist relating Giving and Receiving: What's more important – giving or receiving? Living in communion</p> <p>Lent/Easter Giving Self Discipline: Is self-discipline important in life? Celebrating growth to a new life</p>	<p>Pentecost Serving New life: What's so important about new life? To live and hear the Easter message.</p> <p>Reconciliation Inter-relating Building bridges: Why are bridge builders important in life? Admitting wrong, being reconciled with God and each other Sacrament of Reconciliation</p> <p>Universal Church World God's People: Why do some people do extraordinary things? Different Saints show people what God is like.</p>
Links to Science Curr	Pupils should be taught to describe the simple functions of the basic parts of the digestive system in humans Identify the different types of teeth in humans and their simple functions Construct and interpret a variety of food chains, identifying producers, predators and prey.		

Year 3/4	RSE- Handmade with love	RSE- <ul style="list-style-type: none"> • Get Up! • The Sacraments • We Don't Have To Be The Same • Respecting Our Bodies • What is Puberty? Year 4 only • Changing Bodies Year 4 only • Boy/Girl Discussion Groups Year 4 only 	RSE- <ul style="list-style-type: none"> •What Am I Feeling? •What Am I Looking At? •I Am Thankful! Life Cycles 	RSE- <ul style="list-style-type: none"> •Jesus, My Friend • Friends, Family and Others •When Things Feel Bad 	RSE- <ul style="list-style-type: none"> •Sharing Online: •Chatting Online •Safe in My Body •Drugs, Alcohol and Tobacco •First Aid Heroes 	RSE- <ul style="list-style-type: none"> •A Community of Love •What is the Church? •How Do I Love Others?
ZoR	Create wall poster of the zones (Lesson 1) Chapter 3: Go! Chapter 4: And they're off Chapter 5: Approaching the finish line					

	Handmade with love	<ul style="list-style-type: none"> •Calming the Storm •Gifts and Talents <ul style="list-style-type: none"> •Girls' Bodies •Boys' Bodies •Spots and Sleep 	<ul style="list-style-type: none"> •Body Image •Emotional Changes •Seeing Stuff Online <ul style="list-style-type: none"> •Making Babies •Making Babies •Menstruation 	<ul style="list-style-type: none"> •Is God Calling You? <ul style="list-style-type: none"> •Under Pressure •Do You Want a Piece of Cake? <ul style="list-style-type: none"> •Self-Talk 	<ul style="list-style-type: none"> •Sharing Isn't Always Caring <ul style="list-style-type: none"> •Cyberbullying •Types of Abuse •Impacted Lifestyles <ul style="list-style-type: none"> •Making Good Choices •Giving Assistance 	<ul style="list-style-type: none"> •The Trinity •Catholic Social Teaching •Reaching Out
ZoR	<p>Create wall poster of the zones (Lesson 1)</p> <p>Chapter 3: Go!</p> <p>Chapter 4: And they're off</p> <p>Chapter 5: Approaching the finish line</p>					